

# THE KIDS CLUB

PASTA (TOMATO, PESTO, CHEESE, PLAIN)	£6
PIZZA MARGHERITA	£8
LENTIL BOLOGNESE VG	<b>£</b> 6
MEDITERRANEAN VEGETABLE ORZO	£6
SWEET POTATO CURRY VG,GF	£8
VEGETABLE LASAGNE	£8
VEG NUGGETS	£7
BROCCOLI FRITTERS	£7
SWEET/REGULAR POTATO FRIES vg	£4.50
VEGGIE BITES	£4.50

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TOMATO AND MOZZARELLA

GOUDA CHEESE AND ONION CHUTNEY

GRILLED EGGPLANTS, CHEDDAR CHEESE, GERKINS, TOMATO PASTE

GRILLED PEPPERS, CHEEDDAR CHEESE, SUNDRIED TOMATOES, ARTICHOKE PASTE

## SALADS

DETOX SALAD WITH KALE, CARROT, BROCCOLI, RED CABBAGE, SPRING ONION, AVOCADO VG, GF	£9
TOMATO MOZZARELLA SALAD	£8
SNACKS VG, GF	From £2.50

# BAKERY SELECTION

From £3

£8

VG - Vegan | GF - Gluten Free

\*All our food is nut free. If you have any food allergies or intolerances, please ask a member of our staff for further information. 12.5% service charge will be included in your bill.

# DRINKS MENU

## DRINKS BAR

MIMOSA £15 Champagne, Orange Juice.

**BLACKBERRY MOJITO £15** Rum, Soda Water, Blackberry Puree, Mint.

CLOUD TWELVE SPRITZ £16 Champagne, Select, Soda Water.

HOMEMADE LEMONADE £5.50 Fresh Lemon Juice, Agave Syrup, Sparkling Water.

ELDERFLOWER MOCKTAIL £8 Soda Water, Elderflower Cordial, Mint.

**BLACKBERRY MOCKTAIL £10** Soda Water, Blackberry Puree, Mint.

## JUICE BAR

CLEANSE - Celery, Cucumber, Kale, Parsley, Ginger, Lemon.

IMMUNE - Orange, Pineapple, Lime, Mint, Ginger, Tumeric.

#### TEA BAR

ALL \$4.50

ALL £7

Herbal tea is a perfect way to benefit from the healing power of plants. Enjoy our delicious teas full of antioxidants and other precious phytochemicals to boost your wellbeing. Available with our selection of plant milks.

VITALI-TEA Tulsi, Rose, Borage, Gotu-Kola.

**BEAU-TEA** Nettle, Rose, Marigold, Cleavers, Red Clover, Cinnamon.

DIGES-TEA Mint, Rose, Cornsilk, Lemon Balm, Burdock Root, Orange Slices.

IMMUNI-TEA Echinacea, Melissa, Hibiscus, Dry Strawberry, Dry Raspberry, Cornsilk.

SERENTI-TEA Passion Flower, Oat Straw, Rose Bud, Lemon Verbena, Chamomile, Skullcap.

HEART-TEA Lemon balm, Hawthorn, Rose and Passionflower.

#### ENGLISH BREAKFAST FRESH MINT

SENCHA GREEN FRESH LEAF

GINGER ROOT & LEMON

### WINE MENU

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<b>NED</b>	
Chateau Lamothe-Bouscaut, Pessac- Leognan, France (Cabernet Sauvignon, Cabernet Franc, Merlot)	11   60
Quinta do Crasto Reserva Old Wines by Quinta do Crasto, Portugal (Grape Field Blend)	13   70
Terre Brune by Santadi, Italy (Carignano)	80
P.o.of	

#### ROSÉ

Love by Domaine de Leoube, France 10 | 55 (Grenache, Cinsault)

WHITE Picpoul de Pinet Beaugaran, France (Picpoul Blanc)

Single Block Yealands Estate, New Zealand (Sauvignon Blanc)

The journey and curation of our drinks has been carefully considered to ensure they enrich, nourish, invigorate, or relax, with the best natural ingredients and growing methods available. For your hydration, our water is purified using advanced reverse osmosis technology.

## COFFEE BAR

Available with our selection of plant milks & organic whole milk. ESPRESSO (SINGLE OR DOUBLE) \$2.50/\$3 BABYCCINO £2 LATTE \$3.50 CAPPUCCINO £3.50 FLAT WHITE £3.50 HOT CHOCOLATE \$4 ICED COFFEES £4/£4.50 EXTRA SHOT £0.50

### BOTANICAL LATTES

ALL £4.50

All supercharged with the power of plants. Choice of plant milk or organic whole milk.

ROSE LATTE Rose, Beetroot, Rose Syrup, Milk of Choice.

BEETROOT LATTE Beetroot, Vanilla, Milk of Choice.

SPIRULINA LATTE Blue Spirulina, Milk of Choice.

DETOX LATTE Charcoal, Burdock, Milk Thistle, Cinnamon, Cardamom, Milk of Choice.

GOLDEN LATTE Turmeric, Ashwagandha, Cinnamon, Black Pepper, Ginger, Milk of Choice.

MATCHA LATTE Matcha, Milk of Choice.

#### NON-ALCOHOLIC BAR

SPARKLING WATER £2 **ORGANIC PIPS JUICES £2.50** 

Prices based on either a 125ml glass or by the bottle.

#### SPARKLING

Deutz Classic Brut Champagne, 18 | 100 9 | 50 France (Pinot Meunier, Pinot Noir, Chardonnay)

10 | 55

#### BEER

Ask one of our team members about the selection of Beers available today