

# THE KIDS CLUB

### KIDS

KIDS	
BREAKFAST ( 9am - 12pm)	
OAT PORRIDGE	£3.50
EGGS: 1 BOILED   SCRAMBLED	£2.50   £5
SLICED AVOCADO: PLAIN   ON TOAST	£4   £5
Add 1 Sourdough slice £1	
MAIN MENU (11am - 5pm)	
PASTA (TOMATO, PESTO, CHEESE, PLAIN)	<b>£</b> 7
PIZZA MARGHERITA	\$.8
PIZZA ORTOLANA	£8.50
LENTIL BOLOGNESE vg	\$8
MEDITERRANEAN VEGETABLE ORZO	83
SWEET POTATO CURRY VG,GF	8.3
VEGETABLE LASAGNE	83
VEG NUGGETS	\$8
BROCCOLI FRITTERS	£7
SWEET/REGULAR POTATO FRIES vg	£5
VEGGIE BITES	£5
PANINI	£8.50
TOMATO AND MOZZARELLA	
GOUDA CHEESE AND ONION CHUTNEY	
GRILLED EGGPLANTS, CHEDDAR CHEESE, GERKINS, TOMAT	O PASTE
GRILLED PEPPERS, CHEEDDAR CHEESE, SUNDRIED TOMATO ARTICHOKE PASTE	DES,
SALADS	
DETOX SALAD WITH KALE, CARROT, BROCCOLI, RED CABBAGE, SPRING ONION, AVOCADO VG, GF	£10
TOMATO MOZZARELLA SALAD	£9
BAKERY SELECTION	From £3
GELATO	From £4.50

### DRINKS MENU

# DRINKS BAR

MIMOSA £15

Champagne, Orange Juice.

BLACKBERRY MOJITO £15

Rum, Soda Water, Blackberry Puree, Mint.

CLOUD TWELVE SPRITZ \$16 Champagne, Select, Soda Water.

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HOMEMADE LEMONADE \$5.50 Fresh Lemon Juice, Agave Syrup, Sparkling Water.

ELDERFLOWER MOCKTAIL \$8

Soda Water, Elderflower Cordial, Mint.

BLACKBERRY MOCKTAIL \$10 Soda Water, Blackberry Puree, Mint.

JUICE BAR

ALL £7.50

CLEANSE - Celery, Cucumber, Kale, Parsley, Ginger, Lemon.

IMMUNE - Orange, Pineapple, Lime, Mint, Ginger, Tumeric.

TEA BAR

ALL £4.50

Herbal tea is a perfect way to benefit from the healing power of plants. Enjoy our delicious teas full of antioxidants and other precious phytochemicals to boost your wellbeing. Available with our selection of plant milks.

VITALI-TEA

Tulsi, Rose, Borage, Gotu-Kola.

**BEAU-TEA** 

Nettle, Rose, Marigold, Cleavers, Red Clover, Cinnamon.

**DIGES-TEA** 

Mint, Rose, Cornsilk, Lemon Balm, Burdock Root, Orange Slices.

**IMMUNI-TEA** 

Echinacea, Melissa, Hibiscus, Dry Strawberry, Dry Raspberry, Cornsilk.

SERENTI-TEA

Passion Flower, Oat Straw, Rose Bud, Lemon Verbena, Chamomile, Skullcap.

HEART-TEA

Lemon balm, Hawthorn, Rose and Passionflower.

ENGLISH BREAKFAST FRESH MINT

SENCHA GREEN GINGER ROOT FRESH LEAF & LEMON

The journey and curation of our drinks has been carefully considered to ensure they enrich, nourish, invigorate, or relax, with the best natural ingredients and growing methods available. For your hydration, our water is purified using advanced reverse osmosis technology.

### COFFEE BAR

Available with our selection of plant milks & organic whole milk.

ESPRESSO (SINGLE OR DOUBLE) \$2.50/\$3

BABYCCINO £2

**LATTE £3.50** 

CAPPUCCINO £3.50

FLAT WHITE £3.50

HOT CHOCOLATE £4

ICED COFFEES \$4/\$4.50

EXTRA SHOT £0.50

# BOTANICAL LATTES

ALL £4.50

All supercharged with the power of plants. Choice of plant milk or organic whole milk.

ROSE LATTE

Rose, Beetroot, Rose Syrup, Milk of Choice.

BEETROOT LATTE

Beetroot, Vanilla, Milk of Choice.

SPIRULINA LATTE

Blue Spirulina, Milk of Choice.

DETOX LATTE

Charcoal, Burdock, Milk Thistle, Cinnamon, Cardamom, Milk of Choice.

GOLDEN LATTE

Turmeric, Ashwagandha, Cinnamon, Black Pepper, Ginger, Milk of Choice.

MATCHA LATTE

Matcha, Milk of Choice.

#### NON-ALCOHOLIC BAR

SPARKLING WATER \$2

ORGANIC PIPS JUICES \$2.75

#### WINE MENU

Prices based on either a 125ml glass or by the bottle.

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RED Chateau Lamothe-Bouscaut, Pessac- Leognan, France (Cabernet Sauvignon, Cabernet Franc, Merlot)	12   60	WHITE Picpoul de Pinet Beaugaran, France (Picpoul Blanc)	10   50	SPARKLING Deutz Classic Brut Champagne, France (Pinot Meunier, Pinot Noi Chardonnay)	18   100
Quinta do Crasto Reserva Old Wines by Quinta do Crasto, Portugal (Grape Field Blend)		Single Block Yealands Estate, New Zealand (Sauvignon Blane)	11   55		
Terre Brune by Santadi, Italy (Carignano)	80				

### ROSÉ BEER

Love by Domaine de Leoube, France 11 | 55 (Grenache, Cinsault)

55 Ask one of our team members about the selection of Beers available today