THE
KIDS
CLUB

KIDS

BREAKFAST (9am - 12pm)

OAT PORRIDGE	£3.50
EGGS: 1 BOILED | SCRAMBLED	£2.50 | £5
SLICED AVOCADO: PLAIN | ON TOAST	£4 | £5

Add 1 Sourdough slice £1

MAIN MENU (11am - 5pm)

PASTA (TOMATO, PESTO, CHEESE, PLAIN)	£7
PIZZA MARGHERITA	£8
PIZZA ORTOLANA	£8.50
CHEESY PASTA	£8
MEDITERRANEAN VEGETABLE ORZO	£8
SWEET POTATO CURRY VG,GF	£8
VEGETABLE LASAGNE	£8
VEG NUGGETS	£8
BROCCOLI FRITTERS	£7
SWEET/REGULAR POTATO FRIES VG	£5
VEGGIE BITES	£5

PANINI £8.50

TOMATO AND MOZZARELLA

GOUDA CHEESE AND ONION CHUTNEY

GRILLED EGGPLANTS, CHEDDAR CHEESE, GERKINS, TOMATO PASTE

GRILLED PEPPERS, CHEEDDAR CHEESE, SUNDRIED TOMATOES, ARTICHOKE PASTE

SALADS

DETOX SALAD WITH KALE, CARROT, BROCCOLI, RED CABBAGE, SPRING ONION, AVOCADO VG, GF	£10
TOMATO MOZZARELLA SALAD	£9

BAKERY SELECTION From £3

GELATO From £4.50

VG - Vegan | GF - Gluten Free

*All our food is nut free. If you have any food allergies or intolerances, please ask a member of our staff for further information. 12.5% service charge will be included in your bill.

DRINKS MENU

DRINKS BAR

MIMOSA £15
Champagne, Orange Juice.

BLACKBERRY MOJITO £15
Rum, Soda Water, Blackberry Puree, Mint.

CLOUD TWELVE SPRITZ £16
Champagne, Select, Soda Water.

HOMEMADE LEMONADE £5.50
Fresh Lemon Juice, Agave Syrup, Sparkling Water.

ELDERFLOWER MOCKTAIL £8
Soda Water, Elderflower Cordial, Mint.

BLACKBERRY MOCKTAIL £10
Soda Water, Blackberry Puree, Mint.

JUICE BAR — ALL £7.50

CLEANSE - Celery, Cucumber, Kale, Parsley, Ginger, Lemon.

IMMUNE - Orange, Pineapple, Lime, Mint, Ginger, Tumeric.

TEA BAR — ALL £4.50

Herbal tea is a perfect way to benefit from the healing power of plants. Enjoy our delicious teas full of antioxidants and other precious phytochemicals to boost your wellbeing. Available with our selection of plant milks.

VITALI-TEA
Tulsi, Rose, Borage, Gotu-Kola.

BEAU-TEA
Nettle, Rose, Marigold, Cleavers, Red Clover, Cinnamon.

DIGES-TEA
Mint, Rose, Cornsilk, Lemon Balm, Burdock Root, Orange Slices.

IMMUNI-TEA
Echinacea, Melissa, Hibiscus, Dry Strawberry, Dry Raspberry, Cornsilk.

SERENTI-TEA
Passion Flower, Oat Straw, Rose Bud, Lemon Verbena, Chamomile, Skullcap.

HEART-TEA
Lemon balm, Hawthorn, Rose and Passionflower.

ENGLISH BREAKFAST

FRESH MINT

SENCHA GREEN FRESH LEAF

GINGER ROOT & LEMON

The journey and curation of our drinks has been carefully considered to ensure they enrich, nourish, invigorate, or relax, with the best natural ingredients and growing methods available. For your hydration, our water is purified using advanced reverse osmosis technology.

COFFEE BAR

Available with our selection of plant milks & organic whole milk.

ESPRESSO (SINGLE OR DOUBLE) £2.50/£3

BABYCCINO £2

LATTE £3.50

CAPPUCCINO £3.50

FLAT WHITE £3.50

HOT CHOCOLATE £4

ICED COFFEES £4/£4.50

EXTRA SHOT £0.50

BOTANICAL LATTES — ALL £4.50

All supercharged with the power of plants.
Choice of plant milk or organic whole milk.

ROSE LATTE
Rose, Beetroot, Rose Syrup, Milk of Choice.

BEETROOT LATTE
Beetroot, Vanilla, Milk of Choice.

SPIRULINA LATTE
Blue Spirulina, Milk of Choice.

DETOX LATTE
Charcoal, Burdock, Milk Thistle, Cinnamon, Cardamom, Milk of Choice.

GOLDEN LATTE
Turmeric, Ashwagandha, Cinnamon, Black Pepper, Ginger, Milk of Choice.

MATCHA LATTE
Matcha, Milk of Choice.

NON-ALCOHOLIC BAR

SPARKLING WATER £2

ORGANIC PIPS JUICES £2.75

SMOOTHIES

BERRY BLISS - Berries, Banana, Coconut Milk £9

SUNSHINE HEALING - Mango, Pineapple, Lime, Avocado, Lime, Coconut Milk £9

ULTIMATE BALANCE - Berries, Banana, Green powder, cocoa powder, Whey Protein, Coconut Milk £11

WINE MENU

Prices based on either a 125ml glass or by the bottle.

RED

Haut-Medoc, Chateu de Villegeorge, France (Cabernet Sauvignon, Cabernet Franc, Merlot)	13 | 70
Quinta do Crasto Reserva Old Wines by Quinta do Crasto, Portugal (Grape Field Blend)	14 | 75
Terre Brune by Santadi, Italy (Carignano)	80

ROSÉ

Love by Domaine de Leoube, France (Grenache, Cinsault)	11 | 60

WHITE

Picpoul de Pinet Roquemoliere, France (Picpoul Blanc)	11 | 60
Summerhouse, Marlborough, New Zealand (Sauvignon Blanc)	11 | 60

BEER

Ask one of our team members about the selection of Beers available today

SPARKLING

Taittinger Brut Reserve Champagne, France (Pinot Meunier, Pinot Noir, Chardonnay)	19 | 110